

Welcome to Duniye Spa – step into our world of care.

Time is left at the door and a new journey begins. Step into a sacred space for healing, touch and aroma - an exclusive place for yourself!



### Our philosophy

At Duniye Spa your needs and concerns are in good hands; genuine care paired with customized and excellent service ensure that you will enjoy pleasure and maximum benefits with each treatment, treasuring every moment every day!

Holistic spa services with exclusive products lines, PURE™ and [comfort zone], are designed to calm, relax, rejuvenate and nourish body, mind & soul.

We believe in our responsibility to work together with our carefully selected partners, toward a greener and healthier planet. We aim to support sustainable product productions and try to minimize our environmental impact.



---

Let our team care for you, let your worries end and your journey begin...

#### **how to spa**

- opening hours from 10am to 8pm
- please come to the spa 15 minutes prior to your appointment to enjoy the full benefits of your treatment
- kindly shower prior to your treatment to remove sun screen
- please note late arrivals may not be honored and will be subject to time deduction
- cancellation: we regret that a 50% charge will be made for treatments cancelled less than 6 hours prior to your appointment. A 100% charge will apply for no-show
- packaged offers are not refundable, not transferable and pre-booking is required
- all rates are quoted per person
- management reserves the right to change the Spa menu and prices without prior notice
- please call for more information ext. 770 (Land Spa) or 772 (O-Spa)
- prices/treatments marked with \* are applicable for The O- Spa



## Duniye Spa signature treatment

connect to the ancient wisdom of healing and touch

<p><b>sense of touch</b> signature massage</p>	<p>Your body is lavished with our signature vanilla &amp; whipped cocoa massage butter with essential oils of frangipani, grapefruit and orange. As a result the skin is richly hydrated and tension is expertly soothed and melted away. Enjoy this personal and customized treatment.</p> <ul style="list-style-type: none"> <li>• oriental foot ritual</li> <li>• full body massage with unique combination of balinese, hawaiian lomi-lomi and aroma swedish massage</li> </ul>	<p>[75 min] US\$ 89/98*</p>
<p><b>oxygenating &amp; regenerating</b> crystal facial</p>	<p>Duniye's signature facial is designed to combat signs of lifestyle, age and environmental factors, combining ancient healing with powerful natural antioxidants; skin serum with chlorophyll, bulgarian rose promotes cellular renewal in the deepest layers of the epidermis to leave a radiant skin complexion.</p> <p>Incorporates a unique face massage using chinese jade roller and application of crystal gem stones to improve your energy flow.</p> <p>Feel rejuvenated with more youthful, firmer and smoother skin after this extraordinary facial treatment.</p> <p>Suitable for all skin types</p>	<p>[75 min] US\$ 85/89*</p>
<p><b>maldivian island</b> paradise</p>	<p>Pure time out in paradise! This ritual starts with a gentle and moisturizing body polish followed by our deep hydrating and relaxing signature massage. Conclude a nourishing mini facial ensuring toned and replenished skin with a divine head massage. Enjoy the nourishing benefits of mother natures best ingredients!</p> <ul style="list-style-type: none"> <li>• oriental foot ritual</li> <li>• body polish coconut-vanilla</li> <li>• tropical bath infusion</li> <li>• signature massage</li> <li>• PURE™ hydrating mini facial</li> <li>• tropical refreshment with kurumba (young coconut)</li> </ul> <p>To maximize the benefits allow 15 minutes for aromatic steam bath (Land Spa).</p>	<p>[150 min] US\$ 185/195*</p>
<p><b>tropical dreams</b></p>	<p>Drift away with the calming and soothing benefits of a balinese massage. As a powerful source of potassium, vitamin A, B, C and silica the following gentle body polish promotes smooth and silky skin.</p> <p>Result: healthy, silky and toned skin, deep relaxation</p> <ul style="list-style-type: none"> <li>• oriental foot ritual</li> <li>• choice of balinese or oriental massage</li> <li>• silky bamboo passion flower body polish</li> <li>• Vichy shower (Land Spa only)</li> <li>• application of tropical body lotion</li> <li>• tropical refreshment</li> </ul> <p>To maximize the benefits allow 15 minutes for aromatic steam bath (Land Spa).</p>	<p>[90 min] US\$ 104/112*</p>

\* treatments and rates valid for The O-Spa



## Duniye Spa journey multi-day spa packages

Allow us to take you on a special spa journey with these exclusive spa rituals to suit your specific needs. We have carefully created these rituals to help you to select and to indulge with the true Duniye Spas Experience.

<b>stress &amp; jet lag reliever</b>	<p>Drift away and experience deep relaxation with this uplifting combination of advanced skin care and revitalizing massages.</p> <ul style="list-style-type: none"> <li>• balinese massage</li> <li>• full body hot stone massage</li> <li>• action sublime (anti aging facial)<sup>1</sup> or high performance facial<sup>1</sup></li> <li>• minty foot &amp; leg soother</li> </ul> <p><sup>1</sup>applicable for the Land Spa: choice of any Pure facial</p>	<p>[4 hours] US\$ 249/279*</p>
<b>Duniye Spa's beauty moments</b>	<p>Let the scent of happiness and nature's nurturing essences touch and pamper you.</p> <ul style="list-style-type: none"> <li>• sense of touch– Duniye signature massage</li> <li>• oxygenating –regenerating crystal facial</li> <li>• silky bamboo-passion flower body polish</li> </ul>	<p>[3 hours] US\$ 189/198*</p>
<b>asian healing wisdom</b>	<p>Experience the abundance of asian wellness and beauty traditions with a deep sense of inner healing.</p> <ul style="list-style-type: none"> <li>• sun soul tan maximizer or body nutritional</li> <li>• choice of thai or oriental massage</li> <li>• reflexology</li> <li>• organic home care product</li> </ul>	<p>[2h 45 min] US\$ 214*</p>

The treatment schedule can be arranged at your convenience throughout your stay with us. Pre-booking required.

### Duniye Spas à la carte packages:

Our spa repeaters can enjoy the advantage of our attractive à la carte packages, which are available for multiple treatment bookings.

Our Spa Team will be happy to assist you with more information.

Please kindly note, that packages cannot be combined with any other special promotion or offer.

\* treatments and rates valid for The O-Spa



## romantic indulgence for two

indulge with your partner and let our spa team lead you on this sensory journey

<p><b>full moon magic</b></p>	<p>Captivate all your senses as you connect with the vital power of The Elements in this most enchanting ritual. Magical not only with full moon!</p> <ul style="list-style-type: none"> <li>• oriental foot ritual</li> <li>• oriental full body massage melt</li> <li>• choice of body polish with indulgent head and foot massage               <ul style="list-style-type: none"> <li>- zesty ginger lemongrass rub (cleansing, revitalizing)</li> <li>- coconut-vanilla body polish (moisturizing, calming)</li> </ul> </li> <li>• tropical bath infusion</li> <li>• application of tropical, moisturizing body lotion</li> <li>• champagne &amp; fruits</li> <li>• spa present for your spa experience at home</li> </ul>	<p>[120 min] US\$ 338/364* couple</p>
<p><b>honeymoon indulgence</b></p>	<p>Embrace the essence of pure romance! Be with your partner and let our professionals lead you on this sensory journey! Start with a refreshing oriental foot ritual followed by:</p> <p><b>For HER:</b> refreshing body splash, balinese massage, bamboo passion flower body polish, pampering foot massage, replenishing hair-scalp massage with warm infused rosemary oil</p> <p><b>For HIM:</b> revitalizing body splash, invigorating deep tissue aroma massage, zesty ginger-lemongrass body rub, deep relaxing Indian head massage, followed by pressure point foot massage</p> <p>includes:</p> <ul style="list-style-type: none"> <li>• tropical bath infusion with refreshment followed by application of moisturizing body lotion</li> </ul>	<p>[120 min] US\$ 288/298*couple</p>
<p><b>him &amp; her</b></p>	<p>The ultimate in romance and indulgence! Our skilled therapists welcome you and your loved one with a sensual oriental foot ritual in our candlelit treatment room. Revitalizing essential oils burning for an intoxicating aroma. Indulge with a sublime aromatic full body massage.</p> <p>Champagne is served for you to savor after the treatment. What more could you ask for?</p>	<p>[75 min] US\$ 189/198*couple</p>

\* treatments and rates valid for The O-Spa

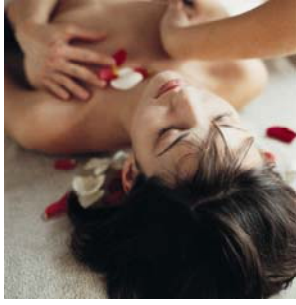


## facials

Duniye Spas facials with PURE™ and [comfort zone] skin care lines are designed to provide best benefits for your skin in a nurturing & caring treatment. Using nature's intelligence and sophisticated science, these exclusive blends of products are deeply hydrating, purifying and anti-aging; leaving you with a renewed skin and a balanced mind.

[comfort zone] <b>action sublime</b> bio-multi force anti-aging facial	An exclusive anti-aging and restructuring treatment with retinol and lacto-proteins for a deep and visible wrinkle reducing action. A delightful massage to face, neck, shoulders and arms enhances benefits and relaxation. Result: signs of time are visibly reduced, skin is extraordinarily smoothed and toned, your skin retrieves its luminosity.	[75 min] US\$ 105*
[comfort zone] <b>man space</b> high performance facial	Starting with a relaxing back massage, this treatment helps to purify, hydrate and revitalize the skin; leaving you with a profound sensation of vitality. A facial specifically formulated for the male complexion.  Ideal for frequent air travellers and those with a stressful life-style.	[75 min] US\$ 105*
[comfort zone] <b>enhancer</b> eye supreme	Complete your facial with a lifting collagen eye mask for the delicate eye area; reduce immediate puffiness, smooth fine lines and increase luminosity around the eyes.	US\$ 29
PURE™ Facial <b>hydrating &amp; nourishing</b>	A gentle, calming yet effective facial that deeply hydrates and nourishes specially dry and sensitive skin. An exclusive blend of botanical extracts from yarrow papaya, black walnut, white tea and neroli skin serum cleanse, hydrate and replenish your skin. Enhanced with a marine collagen moisturizer to seal in all the goodness of this facial.	[60 min] US\$ 80/85*
PURE™ Facial <b>balancing &amp; cleansing</b>	Rich in botanical essences this facial rebalance, purifies and decongest, leaving your complexion radiant, clear and refreshed. A creamy thyme & lemon balm exfoliant encourage internal cleansing of the skin, while a specialized dandelion & green tea clay mask absorbs excess oils and nourish the skins with powerful antioxidants and nutrients.	[60 min] US\$ 80/85*

\* treatments and rates valid for The O-Spa



## body care

in rhythm & harmony with nature

<p>[comfort zone]</p> <p><b>Sunrise sun soul tan maximizer for body &amp; face</b></p>	<p>Be awakened with the warmth and energy of the sun; A pre-sun treatment with exclusive formulation to stimulate and improve the natural tanning process. Vitamin E and argan oil, known as the beauty oil by the Berber, bestowing an intense and lasting, golden sun tan with effective protection against skin aging.</p> <ul style="list-style-type: none"> <li>• Includes face and body treatment, exfoliation, nutritional body mask and soothing application of sun soul tan maximizer</li> </ul>	<p>[75 min] US\$ 108*</p>
<p>[comfort zone]</p> <p><b>Sunset body nutritional</b></p>	<p>The perfect treatment to nourish your skin after sun exposure, long flights or to revitalize tired body &amp; mind. Thanks to high content of minerals, vitamins and vegetable organic extracts this treatment deeply nourishes and tonifies skin and tissues. An effective anti-oxidant action is giving extraordinary silkiness and compactness to your skin. Soothing head massage included.</p> <ul style="list-style-type: none"> <li>• a fruity skin exfoliation, mask and specialized massage with high-tech body cream will leave your skin deeply hydrated, nourished and lustrous; allow body and mind to rejuvenate.</li> </ul>	<p>[75 min] US\$ 108*</p>
<p>[comfort zone]</p> <p><b>Sea Element body refiner</b></p>	<p>An effective firming and slimming treatment enriched with active ingredients derived from marine sediments and plant extracts; eucalyptus, cinnamon, caffeine support profound toxin drainage and enhance the natural breakdown of fatty deposits. Enjoy the feeling of lightness and energy after this wonderful treatment. Soothing head massage included.</p> <ul style="list-style-type: none"> <li>• after full body exfoliation and slimming mud mask, a specialized massage with firming body cream will leave your body contours re-defined and your skin firmed and toned. Highly recommend for those concerned with cellulite, fluid retention or tired skin.</li> </ul> <p>An effective slimming is specially achieved with a course of treatments.</p>	<p>[75 min] US\$ 108*</p>
<p><b>Earth Element aloe vera cocoon</b></p>	<p>Start with a restoring and balancing massage to prepare for the healing body wrap to sooth, hydrate and cool your skin. A deep nourishing scalp-hair massage with warm rosemary oil infusion completes this cocoon with the best ingredients of mother nature.</p> <ul style="list-style-type: none"> <li>• aromatic foot soak, balinese massage, aloe vera cocoon, nourishing hair-scalp massage, body lotion</li> </ul>	<p>[75 min] US\$ 98/108*</p>
<p><b>Earth Element green tea cocoon</b></p>	<p>Indulge your senses with our tea ceremony before you are completely cocooned and polished with this highly effective antioxidant and purifying green tea combo. Perfect to achieve healthy and glowing skin, specialized massage techniques on feet &amp; face support the purification process.</p> <ul style="list-style-type: none"> <li>• aromatic foot soak, green tea body scrub &amp; wrap, stimulating foot massage, pressure point face &amp; head massage, application of tropical body lotion</li> </ul> <p>To maximize the benefits allow 15 minutes for aromatic steam bath (Land Spa)</p>	<p>[75 min] US\$ 98/108*</p>

\* treatments and rates valid for The O-Spa



## massages of the world

intuitive touch, healing energy, holistic well-being

<b>hot jade stone massage</b>	For this therapeutic full body massage we use hot Jade stones with diverse healing properties. With your preferred choice of oil we place and move the warm stones in rhythmic flow over your body. Tiredness, aching muscles, stress and pain will melt away. You will experience a deep sense of relaxation.	[75 min] US\$ 89/98*
<b>balinese massage</b>	This gentle and calming massage has it's origin in Bali where it is passed down through many generations. The combination of acu- pressure, skin rolling and relaxing strokes has a restoring and calm- ing effect. It is as a favorite with many guests.	[60 min] US\$ 82/92*
<b>oriental massage</b>	A restoring and balancing massage which uses stronger pressure and the best techniques from Thai, Balinese and Indian Head mas- sage.	[60 min] US\$ 82/92*
<b>thai massage</b>	Described as "Yoga Massage" , this treatment opens up the joints and improves body flexibility and postural alignment. You will feel an energizing and uplifting effect. (No oil is used)	[60 min] US\$ 82/92*
<b>aroma swedish massage</b>	This invigorating, deep tissue sports massage applies medium to strong pressure to knead and wring tension and stress away. Finger, thumb and palm pressure work with percussion techniques to stimulate skin circulation and improve release of tension.	[60 min] US\$ 82/92*
<b>soul to sole</b>	A healing combination of indian head massage and reflexology brings deep relaxation to body and mind while stimulating the body's own healing process. Can also be booked as 30 minutes Reflexology only.	[60 min] US\$ 82/92*
<b>stress relieve back-neck-shoulder massage</b>	This customized deeply relaxing massage incorporates deep thumb and palm pressure and long sweeping movements to flush away stress, neck and shoulder aches and muscle tension.	[30 min] US \$ 42/46*
<b>The following specialized treatments have limited availability:</b>		
<b>lymphatic drainage massage</b>	A profound massage technique to help to increase the lymph flow and immune function working on the superficial layer of the skin. Toxin and harmful substances will be eliminated from the body system.	[60 min] US\$ 82/92*
<b>reiki</b>	A deeply relaxing treatment where the body's natural healing ability is activated. The therapist will bring you slowly to a deep state of relaxation by placing her hands on key points of the body. Energy is flowing into your body and rebalance your body's intricate energy system. Highly recommended for those seeking deep relaxation, release from pain or any other concerns.	[60 min] US\$ 80

\* treatments and rates valid for The O-Spa



## from head to toe

<p><b>rosemary hair elixir &amp; Indian head massage</b></p>	<p>Perfect after time in sun &amp; sea; a scalp massage with warm blended rosemary oil enhances hair growth and shine and a nourishing hair crème enhanced with essential oils of ylang ylang moisturizes dry and split ends. While absorbing nature's healing nutrients unwind with a Indian head, neck &amp; shoulder massage. Concludes with a full body application of moisturizing frangipani body lotion.</p>	<p>[60 min] US\$ 68</p>
<p><b>spa manicure</b></p>	<p>Luxurious conditioning care for your hands. More youthful hands through nail filing, cuticle trimming and minimizing, exfoliation and hand/arm massage. Hands are visibly softer and smoother. Nail polish or buffing included (additional charge of US\$ 5 for french/nail art)</p>	<p>[60 min] US\$ 52</p>
<p><b>spa pedicure</b></p>	<p>Pampering time for your feet! Begin with an aromatic foot soak and scrub. Filing, cuticle minimizing, pampering foot/leg massage enhance the condition of your feet. Nail polish or buffing included (additional charge of US\$ 5 for french/nail art)</p>	<p>[65 min] US\$ 52</p>
<p><b>minty foot &amp; leg soother</b></p>	<p>Start with a refreshing oriental foot ritual followed by an invigorating minty salt scrub to exfoliate, stimulate and soften your feet. A cooling balm is applied before your feet &amp; leg will be wrapped in steamed scented towels to improve circulation. Followed by a relaxing yet stimulating foot &amp; leg massage with essences of peppermint you will feel like walking on air! Highly recommended after a long flight to combat heavy legs, water retention and poor circulation. Can be perfectly combined with any other treatment.</p>	<p>[30 min] US\$ 38</p>
<p><b>Duniye Spas – organic body care</b></p>	<p>Be it for a quick pick me up, a kick start into your holiday or a perfect choice to accompany a massage or any other treatment, choose your body treatment which suits best to your needs:</p> <ul style="list-style-type: none"> <li>• coconut vanilla scrub: gentle exfoliation and moisture for your skin</li> <li>• ginger lemongrass rub: a zesty and refreshing body rub</li> <li>• bamboo passion flower: leaves your skin toned and extremely soft &amp; silky</li> </ul> <p>All body treatment conclude with application of tropical body lotion</p>	<p>[30 min] US\$ 44</p>
<p><b>salon treatments</b></p>	<p>Subject to availability: waxing, eye brow shaping, hair services Please ask for more information at our spa reception</p>	



## body & mind

the art of happiness

<p><b>Yoga</b></p>	<p>The ancient tradition of Yoga is a very simple concept: Lasting Happiness („Ananda“ in Sanskrit) The science and art of Yoga brings health, wellbeing and ultimately happiness into people's lives.</p> <p>Yoga accomplishes this through the practice of</p> <ul style="list-style-type: none"> <li>• Asana (postures) to stretch &amp; tone muscles, to harmonize nervous system, remove toxins, improve functioning of all internal glands</li> <li>• Pranayama (Prana = life-force) regulated breathing exercises to calm the mind, to expand the flow of the vital force</li> <li>• Mental focus or body awareness to relax body and mind, to neutralize negative emotions and thoughts</li> </ul> <p>Regular Yoga practice helps to maintain the body in good physical shape, to remove mental suppressions and blockages. It realigns body, mind and soul. People feel more relaxed, accomplish more in less time and less stress and feel in touch with their inner being which brings about greater happiness in life.</p> <p>The private class is customized according to your individual needs to guarantee maximum benefit. Classes are for beginners;</p> <p>Please kindly note that the Yoga program has limited availability.</p>	<p>60 min</p>	<p>US\$ 45 single</p> <p>US\$ 70 couple</p>
--------------------	---	---------------	---